

SERVICES AVAILABLE AT MCPHERSON HOSPITAL

CARDIAC REHABILITATION

The long-term benefits of aerobic fitness training and lifestyle changes, which reduce coronary risk factors, are well established. Benefits include:

- ♥ Reduced risk of sudden death and heart attack
- ♥ Improved stamina/endurance
- ♥ Improved tolerance for daily activity
- ♥ Improved blood lipids
- ♥ Lower blood pressure
- ♥ Faster return to work
- ♥ Improved self confidence and emotional well being. Individuals who are recovering from a heart attack, cardiac surgery or angioplasty, diagnosed with stable angina or coronary artery disease, are all good candidates for this service. Please consult your physician or your nurse for more details.

RESPIRATORY CARE SERVICES

Our Respiratory Care Services Department has certified and registered therapists who treat patients with conditions of the respiratory (lung) system. The staff is skilled in many services including brain wave studies (EEG's), pulmonary (lung) function studies, and nerve conduction studies. McPherson Hospital therapists work with patients who suffer from respiratory or pulmonary diseases such as asthma and emphysema to provide diagnosis and education. Treatment and teaching are part of our goal to help patients and families learn to cope with and manage chronic illness.

CHILDBIRTH EDUCATION CLASSES

At McPherson Hospital, we believe that learning about parenting and the birth process helps you assume your role as a parent with greater ease, comfort and joy. That is why we offer one of the most comprehensive programs in childbirth and newborn care in the area. Our classes are taught by experienced nurses who will help guide you through the physical and emotional experiences that await you. Some of the topics covered include: the phases of labor and delivery, various pain control options including medications and epidural anesthesia, CPR for infants, car seat safety, tour of the birthing unit, and breathing and relaxation techniques. McPherson Hospital's childbirth education class is lead by registered OB delivery nurses. You will have the benefit of their many years of combined experience and the comfort of having these same nurses care for you and your new baby during your stay at McPherson Hospital. If you have questions, please feel free to call the labor and delivery unit at extension 236.

CONSULTING/VISITING PHYSICIANS

McPherson Hospital Specialty Physician Clinic is located on the second floor of the main hospital. A variety of specialists offer a wide range of clinical and surgical services. Appointments can be made with these specialists by referral from your family physician.

Specialties include:

- Cardiology
- Dermatology
- Ear, Nose & Throat
- Gynecology
- Nephrology
- Neurology
- Oncology
- Orthopaedics
- Pulmonology
- Urology

CORPORATE HEALTH SERVICES

The Corporate Health Services Department at McPherson Hospital was opened in September of 2005. It was created to accommodate the needs of our local businesses and manufacturing plants. The Corporate Health Services Department is staffed by a supervising physician and three case managers. Our services include:

Ancillary services (lab, radiology, respiratory, physical therapy, audiology, dietary)

Breath alcohol testing (DOT and Non-DOT)

DOT physicals

Flow volume loop testing and respirator certification

Follow up visits for worker's compensation injuries

Health screenings

Level I or Level II physicals

On-site services for vaccine/flu injections

Urine drug testing (DOT and Non-DOT)

Worker's compensation specialized services

References are available upon request.

Corporate Health Hours:

Monday through Friday, 8:00 a.m. – 4:30 p.m.

Extension 462

Located in the South Annex

HESS FITNESS CENTER

The Hess Fitness Center was made possible through a donation provided by the late George and Evaline Hess in 1981. Their generosity gave the community of McPherson and the surrounding area an affordable place to exercise and gain valuable fitness knowledge.

The fitness center provides a variety of cardiovascular and weight training equipment in an atmosphere that encourages interaction and exercise enjoyment.

LABORATORY

The McPherson Hospital laboratory is proud of its high quality laboratory medicine. Our caring professionals are a link between technology and your good health. Their activities include the analysis of body fluids and cells, blood typing, microorganism screening, blood cell counts, and chemical analysis.

MEALS ON WHEELS

The Meals on Wheels program delivers nutritious meals to people who have difficulty preparing their own meals at home. Volunteers deliver noon meals seven days a week including holidays.

McPherson Hospital prepares the meals under the direction of a Dietary Manager and a Registered Dietitian. Regular and special diets are available. The menus include a large variety of meats, starches, vegetables, salads, desserts and breads.

The fee for this service is determined on a sliding scale according to client income.

PHARMACY

All medications prescribed by your physician during your hospital stay are distributed by the pharmacy unless specified differently by your physician. If you have brought your own medications, please give them to your nurse upon admission or arrange to send them home with a family member. A pharmacist is on duty to answer questions.

RADIOLOGY

The Radiology Department offers nuclear medicine diagnostic services, mammography, CT scan, magnetic resonance imaging (MRI), ultrasound, including echocardiograms of the heart, electrocardiograms (EKG), bone densitometry, and routine x-ray services. All services are available 24 hours a day, seven days a week. We also perform chemical studies for those who cannot tolerate traditional treadmill stress testing. This high tech option gives patients special medication to simulate stress conditions in the body, and nuclear medicine X-rays are then taken. Your healthcare provider schedules all appointments.

REHABILITATION SERVICES

The Rehabilitation Department through collaboration with RehabVisions offers services including physical therapy, aquatic therapy, Central Kansas Speech Services, occupation therapy and sports medicine. The staff is

knowledgeable in the most up-to-date evaluation and treatment techniques and provides prompt, quality care to our clients. The Rehab Department serves all ages and can help with:

- Arthritis
- Athletic injuries
- Back and neck pain
- Hand rehabilitation
- Individualized fitness programs
- Joint replacement
- Orthopaedic problems
- Pediatrics
- Pediatric developmental delays
- Speech/language dysfunction
- Stroke
- Women's health
- Incontinence
- Lymphedema massage and wrapping
- Post mastectomy
- Pre/post natal
- Wound care

The Rehabilitation Department is located on West 2nd Street and the entrance is on the south side of McPherson Hospital. For more information or an appointment, call during normal hours of operation, Monday through Friday from 7:00 a.m. to 5:00 p.m.

SUPPORT GROUPS

Contact our discharge planner at 241-2251, ext. 209 for additional information or call the Chamber of Commerce at 241-3303.

SURGICAL SERVICES

A wide variety of Inpatient and Outpatient surgical services are available at McPherson Hospital. These include general surgery, podiatry, obstetrics, gynecology, ENT, orthopaedics and ophthalmology. Please talk to your doctor or see our website at www.mcpherson.org for a complete listing.

UTILIZATION REVIEW AND DISCHARGE PLANNING

A Utilization Review Coordinator is available to answer questions regarding Medicare, Medicaid, and insurance. A registered nurse is available to provide various services to the patient and the family depending on their needs. We provide the patient and family with information regarding discharge planning, advanced directives, financial assistance and community resources. We are able to determine the appropriate services that will be needed prior to discharge. We also offer emotional support to the patient and family who are encountering a traumatic situation. An RN is available Monday through Friday.